



**Notice of meeting of
Westfield Ward Committee**

To: Councillors Steve Galloway, Sue Galloway and Waller
Date: Wednesday, 1 July 2009
Time: 1.00 pm
Venue: Acomb Explore Centre + cycle about the ward

AGENDA

1. Older Peoples Health Afternoon

Come and enjoy this free community event!

Featuring:

- Sloppy Slipper Exchange
- Information about Warden Call and Telecare services
- Advice on fire safety
- Simple exercises from Steady as You Go
- Blood pressure and ear checks
- Advice from a podiatrist
- Information on healthy eating, diabetes and diets
- Information on benefits entitlements
- A chance to talk to OCAY, Alzheimer's Society, Age Concern and the Older People's Assembly
- Continence Advice
- How to use a computer
- Information on Cold Calling Zones and Trading Standards Services
- The Falls Prevention Service

PLUS:

- Your chance to meet Cllr Steve Galloway, Cllr Sue Galloway, Cllr Andrew Waller and other members of the ward team
- Roman cooking demonstration with the Yorkshire Museum

2. Cycle about the ward

Your opportunity to speak to Cllr Steve Galloway and Cllr Andrew Waller at the following stops:

4.00pm	Acomb Library
4.05pm	Gladstone Street/Milner Street
4.20pm	Thoresby Road
4.40pm	Lown Hill
4.50pm	Grange Lane (Bramham Road end)
5.00pm	Costcutter/crossroads, Bramham Road
5.20pm	Foxwood Lane/Chesney Fields Play area

- For more information please contact Cindy Benton on 551813.